

# Books by Marion Woodman

## Addiction to Perfection

Through case studies, dreams, and myths, a Jungian analyst explores the hidden causes of compulsion in the lives of men and women. At the root of eating disorders, substance abuse, and other addictive and compulsive behaviors, Woodman sees a hunger for spiritual fulfillment. The need to experience a sacred connection to an energy greater than their own drives people to search for an illusory ideal of perfection. Through discussions of parenthood, creativity, and body image, this presentation shows that freedom from addiction can be found by discovering the wisdom and power of the feminine principle.

[https://www.amazon.com/Addiction-Perfection-Studies-Jungian-Psychology/dp/0919123112/ref=sr\\_1\\_1?qid=1660164840&refinements=p\\_27%3AMarion+Woodman&s=books&sr=1-1](https://www.amazon.com/Addiction-Perfection-Studies-Jungian-Psychology/dp/0919123112/ref=sr_1_1?qid=1660164840&refinements=p_27%3AMarion+Woodman&s=books&sr=1-1)

## Dancing in the Flames: The Dark Goddess in the Transformation of Consciousness

Dark, earthy, and immensely powerful, the Black Goddess has been a key force in world history, manifesting in images as diverse as the Indian goddess Kali and the Black Madonnas of medieval Europe. She embodies the energy of chaos and creativity, creation and destruction, death and rebirth. Images of Her, however, have been conspicuously missing in the Western world for centuries—until now, when awareness of the Goddess is re-arising in many spheres, from the women's movement to traditional religion, from the new discoveries of quantum physics to the dreams of ordinary men and women. Why now particularly? The answer provided by Marion Woodman and Elinor Dickson is bold and thrilling: the reemergence of the Divine Feminine in our time indicates our readiness to move to an entirely new level of consciousness. The reemerging Goddess calls for a shattering of rigid categories, a willingness to hold opposition. She calls us to marry reason and order to creativity, and to embrace the chaos that can ultimately lead to wisdom and transformation on personal and global levels.

<https://www.amazon.com/Dancing-Flames-Goddess-Transformation-Consciousness/dp/1570623139#:~:text=Dark%2C%20earthy%2C%20and%20immensely%20powerful,and%20destruction%2C%20death%20and%20rebirth.>

## Leaving My Father's House: A Journey to Conscious Femininity

Woodman provides deep insight into the process required to bring feminize wisdom to consciousness in a patriarchal culture—a struggle in which many women are more fully engaged today than ever before. Presenting the personal journeys of three wise women as

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maps, she points the way to the state of inner wholeness and balance she calls "conscious femininity."

[https://www.amazon.com/Leaving-Fathers-House-Conscious-Femininity/dp/0877738963/ref=sr\\_1\\_1?crd=3BQL1OXFYK64&keywords=leaving+my+fathers+house&qid=1660165200&s=books&sprefix=leaving+my+fath%2Cstripbooks%2C106&sr=1-1](https://www.amazon.com/Leaving-Fathers-House-Conscious-Femininity/dp/0877738963/ref=sr_1_1?crd=3BQL1OXFYK64&keywords=leaving+my+fathers+house&qid=1660165200&s=books&sprefix=leaving+my+fath%2Cstripbooks%2C106&sr=1-1)

### Bone: Dying into Life

On November 7, 1993, Marion Woodman was diagnosed with uterine cancer. Here, in journal form, is the story of her illness, her healing process, and her acceptance of life and death. Breathtakingly honest about the factors she feels contributed to her cancer, Woodman also explains how she drew upon every resource-physical and spiritual-available to her to come to terms with her illness. Dreams and imagery, self-reflection and body work, and both traditional and alternative medicine play distinctive roles in Woodman's recovery. Her personal treasury of art, photographs, and quotations-from Dickinson to Blake to Rumi-embellish this unique chronicle of a very personal journey toward transformation.

[https://www.amazon.com/Bone-Dying-into-Life-Compass/dp/0140196285/ref=sr\\_1\\_1?crd=1I99XCY2KR20P&keywords=bone+dying+into+life&qid=1660165250&s=books&sprefix=bone+dvi%2Cstripbooks%2C109&sr=1-1](https://www.amazon.com/Bone-Dying-into-Life-Compass/dp/0140196285/ref=sr_1_1?crd=1I99XCY2KR20P&keywords=bone+dying+into+life&qid=1660165250&s=books&sprefix=bone+dvi%2Cstripbooks%2C109&sr=1-1)

### The Pregnant Virgin: A Process of Psychological Transformation

"The woman who is a virgin, one in herself, does what she does not for power or out of the desire to please, but because what she does is true." Here is writing with a thinking heart, blending art, literature, religion, and extensive case material. Continues the author's pioneering work on the feminine in both women and men.

[https://www.amazon.com/Pregnant-Virgin-Psychological-Transformation-Psychology/dp/0919123201/ref=sr\\_1\\_1?crd=1S972CDGONPES&keywords=the+pregnant+virgin&qid=1660165007&s=books&sprefix=the+pregnant+virgin%2Cstripbooks%2C121&sr=1-1](https://www.amazon.com/Pregnant-Virgin-Psychological-Transformation-Psychology/dp/0919123201/ref=sr_1_1?crd=1S972CDGONPES&keywords=the+pregnant+virgin&qid=1660165007&s=books&sprefix=the+pregnant+virgin%2Cstripbooks%2C121&sr=1-1)

### Coming Home to Myself: Reflections for Nurturing a Woman's Body and Soul

Including 365 meditations for body and soul, this volume is designed to appeal to those readers who are looking for a deeper approach to daily inner work. It is organized into themes such as: perfectionism, conscious femininity, body, and finding one's own voice.

[https://www.amazon.com/Coming-Home-Myself-Reflections-Womans/dp/1573241008/ref=sr\\_1\\_1?crd=7U2J1H9US5CQ&keywords=coming+home+to+mys](https://www.amazon.com/Coming-Home-Myself-Reflections-Womans/dp/1573241008/ref=sr_1_1?crd=7U2J1H9US5CQ&keywords=coming+home+to+mys)

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### The Owl Was a Baker's Daughter: Obesity, Anorexia Nervosa, and the Repressed Feminine

Woodman, Marion. *The Owl Was a Baker's Daughter. Obesity, Anorexia Nervosa, and the Repressed Feminine. A Psychological Study.* Toronto, Inner City Books, 1980. 14,5 cm x 21,5 cm. Frontispiece, 139 pages. Original Softcover. Very good condition with some minor signs of external wear. From the library of swiss - american - irish poet Chuck Kruger. With a dedication to Kruger's wife Nell on the front free endpaper. Enclosed is a copy of the Russian folk tale Prince Danila Govorila with a dedication from Kruger to his wife on the first page. [Studies in Jungian Psychology by Jungian Analysts]. Contains among others the following chapters: Primary and Secondary Obesity; C.G. Jung's Association Experiment; The Association Experiment and Obesity; Complexes and Personality Traits; Body Metabolism; Some Contemporary Views on Obesity; How Stress Influences Obesity; Pathological Effects of Fear and Rage; Clinical Approaches to Obesity; Jung's Concept of Psyche and Body etc.

[https://www.amazon.com/Owl-Bakers-Daughter-Feminine-Psychological/dp/0919123031/ref=sr\\_1\\_1?crid=11906H17DYQOS&keywords=the+owl+was+a+bakers+daughter&qid=1660165489&s=books&sprefix=owl+was+a+baker%27s%2Cstripbooks%2C109&sr=1-1](https://www.amazon.com/Owl-Bakers-Daughter-Feminine-Psychological/dp/0919123031/ref=sr_1_1?crid=11906H17DYQOS&keywords=the+owl+was+a+bakers+daughter&qid=1660165489&s=books&sprefix=owl+was+a+baker%27s%2Cstripbooks%2C109&sr=1-1)

### The Maiden King: The Reunion of Masculine and Feminine

From Robert Bly, author of the groundbreaking bestseller *Iron John*, and famed Jungian analyst Marion Woodman comes an interpretation of a primordial folktale that takes the message behind *Iron John* to its next phase: the reunion of masculine and feminine. Bly and Woodman interpret the archetypal symbols embedded in an ancient Russian story, *The Maiden King*, a tale woven of an absent father, a possessive stepmother, a false tutor, and a young man overwhelmed by a beautiful maiden. When the young man's weak response to the maiden sees her retreating in anger, he must go on a quest for self-discovery that leads to Baba Yaga, the fierce yet empowering old woman of Russian folk tradition. The male tendency toward impotence in the face of feminine magnificence, the female fear of power and abandonment that leads to rage, the need to get beyond oppositional thinking en route to the Divine, these are issues the book addresses with wisdom and lyricism. The true heir to *Iron John*, *The Maiden King* may be the intellectual answer to *Men Are from Mars, Women Are from Venus*.

[https://www.amazon.com/Maiden-King-Reunion-Masculine-Feminine/dp/0805057781/ref=sr\\_1\\_1?crid=3QAL7B1AVUJ00&keywords=the+maiden+king+marion&qid=1660165559&s=books&sprefix=the+maiden+king+marion%2Cstripbooks%2C102&sr=1-1](https://www.amazon.com/Maiden-King-Reunion-Masculine-Feminine/dp/0805057781/ref=sr_1_1?crid=3QAL7B1AVUJ00&keywords=the+maiden+king+marion&qid=1660165559&s=books&sprefix=the+maiden+king+marion%2Cstripbooks%2C102&sr=1-1)

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### The Ravaged Bridegroom: Masculinity in Women

The Ravaged Bridegroom breaks new ground exploring the psychological impact with patriarchy... It focuses on the many ways in which a woman's perspective on herself can be undermined by a crippling relationship with her inner man, leaving her spiritually bereft and unable to stand to her own truth.

[https://www.amazon.com/Ravaged-Bridegroom-Masculinity-Psychology-Analysts/dp/0919123422/ref=sr\\_1\\_1?crid=13FUV6P8CIWBI&keywords=ravaged+bridegroom&qid=1660165637&s=books&sprefix=ravaged+bridegroom%2Cstripbooks%2C114&sr=1-1](https://www.amazon.com/Ravaged-Bridegroom-Masculinity-Psychology-Analysts/dp/0919123422/ref=sr_1_1?crid=13FUV6P8CIWBI&keywords=ravaged+bridegroom&qid=1660165637&s=books&sprefix=ravaged+bridegroom%2Cstripbooks%2C114&sr=1-1)

### Conscious Femininity

Candid and wide-ranging interviews dating from 1985 through 1992 with the best-selling author and Jungian analyst, Marion Woodman. Touches on sexuality, creativity, relationships, addictions, healing, rituals, and the environment.

[https://www.amazon.com/Conscious-Femininity-STUDIES-PSYCHOLOGY-ANALYSTS/dp/0919123597/ref=sr\\_1\\_1?crid=3LJX3QD0D6YDW&keywords=conscious+femininity+marion+woodman&qid=1660165769&s=books&sprefix=conscious+feminin%2Cstripbooks%2C114&sr=1-1](https://www.amazon.com/Conscious-Femininity-STUDIES-PSYCHOLOGY-ANALYSTS/dp/0919123597/ref=sr_1_1?crid=3LJX3QD0D6YDW&keywords=conscious+femininity+marion+woodman&qid=1660165769&s=books&sprefix=conscious+feminin%2Cstripbooks%2C114&sr=1-1)

### Seeking the Sacred: Leading a Spiritual Life in a Secular World

In a world permeated by religious strife, renewed interest in issues of faith necessitates a journey beyond the orthodox institutions many have come to mistrust. This new brand of “seeker” is looking for an open and safe environment in which to discuss unique interpretations of consciousness, spirituality, ethics, and philosophy through the world’s complex mosaic of beliefs and customs. Seeking the Sacred: Leading a Spiritual Life in a Secular World is a print collection of a series of transformational public lectures that addresses this search. Best-selling author Thomas Moore explores the nature of the soul. Marion Woodman, a world-renowned Jungian therapist discusses how to consciously awaken our spirits and harmonize body and mind. Lt. General Roméo Dallaire shares his personal observations and trials during his tour in Rwanda in 1994 as he tests his faith in the face of evil. Stephen Lewis, the UN Secretary-General’s Special Envoy for HIV/AIDS in Africa, identifies ways in which we can empower ourselves and others to reach out to fellow citizens in need. Finally, Martin Rutte, author of Heaven and Earth explores the relationship between our commitment to peace on earth and our will to bring this ideal to fruition. Join them for an unforgettable exploration of personal spirituality in the 21st century.

[https://www.amazon.com/Seeking-Sacred-Leading-Spiritual-Secular/dp/1550227246/ref=sr\\_1\\_1?crid=3Q9NKIF59OKVA&keywords=seeking+the+sacred+marion&qid=1660165816&s=books&sprefix=seeking+the+sacred+marion%2Cstripbooks%2C104&sr=1-1](https://www.amazon.com/Seeking-Sacred-Leading-Spiritual-Secular/dp/1550227246/ref=sr_1_1?crid=3Q9NKIF59OKVA&keywords=seeking+the+sacred+marion&qid=1660165816&s=books&sprefix=seeking+the+sacred+marion%2Cstripbooks%2C104&sr=1-1)

Conscious Women, Conscious Lives: Powerful and Transformational Stories of Healing Body, Mind & Soul

In this extraordinary collection of personal revelation, women share their deepest and heart-felt experiences of healing from loss, illness, and accident. Every story proves how the journey of facing some of life's greatest obstacles can be followed by a joyous emergence from the darkness of despair, and a discovery of the light of life, love and new wisdom. Themes include receiving love in challenging times, recovering after painful divorce, facing and overcoming the death of a loved one, healing and finding purpose in life after the unimaginable grief of losing a child, surviving in triumph after a life-threatening illness, to living greatest dreams and overcoming life's challenges. These true stories, written by women for women, open the heart, heal the spirit, and bring peace of mind during some of life's most challenging times. As each author presents a treasure from her own rich experience, she contributes to the pool of wisdom we share of how each of us can meet our greatest fears and to rise again with wisdom, grace and courage. Whatever challenges you presently face, these stories offer hope, reassurance, comfort and examples of the resilient nature and courage of women.

[https://www.amazon.com/Conscious-Women-Lives-Powerful-Transformational/dp/0973418613/ref=sr\\_1\\_1?crid=2AVR6EER3UEL2&keywords=conscious+women+conscious+lives&qid=1660165865&s=books&sprefix=conscious+women+conscious+live%2Cstripbooks%2C107&sr=1-1](https://www.amazon.com/Conscious-Women-Lives-Powerful-Transformational/dp/0973418613/ref=sr_1_1?crid=2AVR6EER3UEL2&keywords=conscious+women+conscious+lives&qid=1660165865&s=books&sprefix=conscious+women+conscious+live%2Cstripbooks%2C107&sr=1-1)

Body and Soul: A Special Issue Honoring Marion Woodman

Articles and reviews by Marion Woodman, Donald Kalsched, Joan Chodorow, Ernest Rossi, Tina Stromsted, Maureen Murdock, and more!

[https://www.amazon.com/Spring-72-Body-Soul-Archetype/dp/1882670299/ref=sr\\_1\\_1?crid=7OB8TR9M8JUG&keywords=body+%26+soul+marion&qid=1660166053&s=books&sprefix=body+%26+soul+marion%2Cstripbooks%2C113&sr=1-1](https://www.amazon.com/Spring-72-Body-Soul-Archetype/dp/1882670299/ref=sr_1_1?crid=7OB8TR9M8JUG&keywords=body+%26+soul+marion&qid=1660166053&s=books&sprefix=body+%26+soul+marion%2Cstripbooks%2C113&sr=1-1)