

Jung in India 2027

The Body of the Divine: Tantra, Ayurveda and the Living Soul of South India

**Sponsored by the C.G. Jung Foundation of New York
and the Chicago C. G. Jung Institute**
**Guest Faculty – Ashok Bedi M.D., Jungian Psychoanalyst and
Ami Bedi LPC NCC, psychotherapist**
January 26 - February 5, 2027

If Vedanta is the head of the Hindu tradition and the Bhagavata Purana its heartbeat, then Tantra is its body — the tradition that refuses to leave the flesh behind in the quest for the divine. In late January - early February 2027, we journey to the lush, sacred landscape of South India — the ancient root from which Tantra, Ayurveda, and the living arts of body and soul first flowered — to explore the Tantric vision that the body is not an obstacle to transcendence but its very vehicle.

Through the lens of analytical psychology, we will trace how the Tantric path — with its 112 meditation doorways, its Kundalini ascent from matter to spirit, and its radical insistence that what is in the body is in the cosmos — illuminates Jung's own conviction that individuation occurs not by transcending life but by living it more fully.

From the historic shores of Cochin to the misty tea plantations of Munnar and the tranquil backwaters of Kumarakom, this journey weaves together temple ritual, Ayurvedic healing, and the embodied wisdom of India's oldest continuous living civilization.

Please join us for our 20th Jungian Encounter with India in 2027, another magical journey! Kerala is referred to as "God's Own Country", verdant paddy fields, tall coconut palms and deep blue lakes, canals and sea!

This study group includes 12 hours of Continuing Education Credits under the auspices of the C.G. Jung Institute of Chicago. Of course, the most interesting discussions take place informally and organically in temples and marketplaces, streets and riverboats as we explore the cultural and spiritual treasures of this oldest, continuous, living civilization on earth!



The Jungian Faculty for this journey is **Ashok Bedi, M.D.**, a Jungian psychoanalyst and a board-certified psychiatrist. He practices in Milwaukee, Wisconsin. His publications and upcoming programs may be previewed at www.pathtothsoul.com

Ami Bedi, LPC, NCC of Akhilanda Consulting, is a Milwaukee-based psychotherapist with a specialization in trauma therapy. Over the past 15 years, she has focused on and elevated wellness and emotional self-awareness as forms of liberation and decolonization. Ami has helped people reconnect to collective wisdom and a sense of belonging as cornerstones to healing and transformation.

We look forward to your participation in this new and refreshing journey, as Ashok and Ami Bedi amplify and deepen Jung's writings and teachings through his talks, lectures and dream groups in light of new research in psychology and neuroscience. We will also dialogue with local experts to let the boots on the ground perspective of the time-less wisdom of India.

This journey includes 12 CEs relevant to the theme of our journey and may be tax-deductible for mental health professionals to the extent the law allows. For more information or to reserve your space please write to regine@mindfuljourneys.com

The C.G. Jung Institute of Chicago maintains responsibility for this program and its content. Please note that the size of the group is limited. Therefore, it is important that you register early in order to secure space for yourself and your friends. For more information on this special journey, please write to regine@mindfuljourneys.com or call 212-203-1239. We will be pleased to have you join us for this special educational venture.

Itinerary

24-26, 2027 U.S to Cochin/Kochi

At arrival in **Cochin** January 26 we will be met by our representative and transferred to the Taj Malabar Hotel, <https://www.tajhotels.com/en-in/hotels/taj-malabar-cochin>

Late afternoon introductory meeting with Dr. Bedi followed by dinner at our hotel.

January 27, 2027 Cochin/Kochi

After breakfast we meet for a lecture with Ashok and Ami Bedi.

Early afternoon we visit Fort Kochi, a true melting pot in every sense. It was one of the most important trading posts on the Spice Route, Cochin sports several vestiges of its multi-cultural past – Chinese fishing nets mingle with Dutch Palaces, a Sephardic Syna-



gogue and Portuguese forts – along the shores of the Arabian Sea. It is also where St. Thomas the apostle arrived in 52AD.

Early evening we enjoy a sunset harbor cruise before returning to our hotel for dinner and a dance performance.

January 28, 2027 Cochin/Kochi

After breakfast we continue our sightseeing of Fort Kochi, visiting the Dutch Palace and the Sephardic Synagogue, lunch at a speciality restaurant in Jew Town with time in the afternoon to explore the wonderful stores along Jew Street and other areas of Fort Kochi. We return to the Malabar Taj hotel for a late afternoon lecture and dinner on our own.

January 29, 2027 Cochin to Munnar

After Breakfast we leave for Munnar, a 4 hour drive.

At arrive we check into our hotel, the Taj Scenic <https://www.selectionshotels.com/en-in/hotels/scenic-munnar>

The picturesque town of **Munnar** nestled amid acres of sprawling tea estate and verdant forest, was once the summer retreat of the British Government in South India. Besides tea Munnar is renowned for spices like cardamom and pepper.

It offers opportunities for walks and hikes through the town, the hills and nearby villages. Late afternoon we meet with our faculty for a talk, followed by dinner at our hotel.

January 30, 2027 Munnar

After breakfast and a lecture we visit a tea estate with a walk around the tea gardens.

We enjoy a lovely local lunch, followed by a walking tour of the town and explore local markets.

We return to the hotel for time to relax with an Ayurvedic massage or reflect on our journey so far. Dinner on our own



January 31, 2027 Munnar

After breakfast and talks with Ashok and Ami Bedi, we have time to explore the hiking trails or enjoy an Ayurvedic massages before walking through spice farms with a local nature guide. We return to our hotel for dinner.

February 1, 2027 Munnar to Kumarakom

After breakfast we begin our 4.5h drive to Kumarakom with a stop en-route at an estate home for lunch.

At arrival we check into the Kumarakom Lake Resort <https://www.kumarakomlakeresort.in/> nestled on the banks of Lake Vembanad in the midst of green paddy fields, coconut groves, a true Kerala heritage place with one of the best Ayurvedic spas.

Our accommodations are the heritage lake view villas with a private pool. Rest of the afternoon is free to explore the spa and the lovely property. We enjoy a sunset cruise before getting together for dinner.

February 2, 2027 Kumarakom

Prior to breakfast we enjoy a boat ride through narrow canals exploring Kerala's backwater life. We see many migratory birds and local flora.

Or an optional morning yoga class guided by one of the Ayurvedic doctors.

We have breakfast followed by a lecture.

Late morning we board a houseboat for a dreamlike cruise through the backwaters of Kerala, a fabulous experience! A traditional lunch will be served on board.

We return to our hotel in the evening. Dinner is on our own, followed by a Kalaripayattu performance (one of the world's oldest martial arts).



February 3, 2027 Kumarakom

Optional yoga class

After breakfast we visit two of the oldest churches in Kerala and the oldest mosque in India built in style of a Hindu Temple.

We continue our journey to Philipkutty Farm for a very special Syrian-Christian lunch after a walk through the bountiful land of the gardens. It also includes a cooking class!

We return to our hotel for a talk with our faculty. Dinner on our own.

February 4, 2027 Kumarakom

Optional yoga class

After a leisurely breakfast we meet for our closing session of our journey.

The rest of the day at leisure to enjoy the last day.

Our farewell dinner is at the special seafood restaurant at the hotel.

February 5, 2027 Kumarakom to Cochin to US

We depart for Cochin Airport to connect to our international flights leaving late night/early morning February 5/6, 2027, arriving February 6, 2027 back home.

Pre- trip to Mumbai

January 23-26, 2027

Please inquire about this special pre-tour itinerary. Note that Dr. Bedi will not accompany this pre—trip,

Tour Costs

Jung Journey per person double occupancy \$8,875

Single room Supplement \$2,100

Suggested charitable Donation: C.G. Jung Foundation New York \$100

C.G. Jung Institute of Chicago \$100

Land Cost Includes:

- Double/Twin accommodations in hotels mentioned in itinerary incl. taxes
- Breakfast and either lunch or dinner daily as listed in the itinerary
- All ground transportation within India
- All sightseeing, entertainment and cultural activities listed or equivalent
- All group transfers within India
- English speaking tour escort
- Most gratuities

Not Included:

- Visa processing and travel insurance
- International air tickets
- Items of personal nature
- Alcoholic beverages and meals not listed in the itinerary
- Early arrival and late departure transfers

Air and Insurance Information

For those interested in purchasing international airfare or travel insurance, please contact Maury Newburger at +1 347-497-1233 or maury.newburger@protravelinc.com

Please note that travel insurance is highly recommended!

Airfares are subject to the cancellation policies of the airline in effect at time of booking. Please remember to buy changeable or refundable air ticket

Cancellation Fees

October 25, 2026, 30% of tour cost, November 25, 2026, 50%, December 15, 2027 100% of tour cost. \$250 cancellation fees once deposit is received.

For more information, or to reserve your space, please e-mail: regine@mindfuljourneys.com or call: 212-203-1239

Please inquire about any special pre-or post-tour itineraries if interested in seeing other parts of India, Sri Lanka, Nepal or Bhutan. We are happy to arrange it!

Participant Agreement

I have visited the U.S. Centers for Disease Control website: <https://wwwnc.cdc.gov/travel/> and checked the U.S. Department of State Travel Advisories and Alerts website for the Tour destination(s): <https://travel.state.gov/content/travel.html> I have read further country-specific details on these pages that could affect travel, such as entry/exit requirements, local laws and customs, health conditions, transportation, safety, risks, and other relevant topics.

In consideration of this advice and reference, I/we hereby agree to hold the Tour Sponsors harmless from any and all claims for illness and/or injury, including loss of life, and any and all expenses related thereto, and any and all other losses sustained as a result of the pandemic impacting any aspect of this journey, including its cancellation.

Travel Scope (India) Private LTD, The C.G. Jung Foundation and Mindful Journeys LLC, (hereinafter "Tour Sponsors") are responsible only for assisting in making arrangements with respect to all transportation, hotels and other matters of reservations and tour operations and they do not represent or act as agents for transportation carriers, hotels or other suppliers of services connected with this tour. The tour sponsor assumes no responsibility for loss, damage, injury, accident, delay or other irregularity, expenses or liability caused by the defect of any vehicle or negligence or default or any independent contractors, their employees, agents, or representatives engaged in providing services in connection with the tour or for losses, expenses or delays arising from sickness, pilferage, labor disputes, machinery breakdown, quarantine, government restraints, war, acts of terrorism, weather conditions or such other causes. All such losses or expenses shall be borne by the tour participant. Baggage and personal effects are the sole responsibility of the owners at all times. It is understood that air tickets when issued shall constitute the sole contract between the passenger and the carrier concerned. All services are subject to the laws of the country in which they are rendered.

As a condition to acceptance of each participant, each participant represents that he/she has read the schedule of activities for this tour and recognizes and accepts any risks thereof and thereby agrees for and on behalf of himself or herself and his or her heirs, executors and administrators to abide by the conditions set forth above, and to release or hold harmless the tour sponsor from any liability, claims and demands, however caused, for delays, damage, loss, injury or death, occurring in relation to the tour, and for loss of or damage to his or her property, however occurring, during any portion of, or in relation to the tour. Prices and Dr. Ashok Bedi's participation are based on a minimum of 10 participants.

I have read the schedule of activities and responsibility for the Travel Scope (India) Private LTD, The C.G. Jung Foundation of New York and Mindful Journeys LLC "Jung in India 2027" and accept all risks thereof. I understand and agree on behalf of myself, my dependents, heirs and agree to abide by the conditions set forth under Responsibility and to release and hold harmless Travel Scope, The C.G. Jung Foundation of New York and Mindful Journeys LLC from any liability for delays, injuries, or death or for the loss of or damage to, any property however occurring in relation to the Travel Scope (India) Private LTD "Jung in India 2027 Jan. 25, - Feb. 5, 2027.

Signature.....

Date.....

Print Name.....

Signature.....

Date.....

Print Name.....

Jung in India 2027
The Body of the Divine: Tantra, Ayurveda and the Living Soul of
South India
January 26 to February 5, 2027

Participation Form

Name 1 Please print your name as it appears on your passport

Name 2 Please print your name as it appears on your passport

Address_____

City_____ State_____ Zip_____

Phone (H) _____ (Cell) _____

Please circle one of the following choices:
Double/Twin room, rooming with

Single room

I would like a roommate, if not available, I agree to pay the single room supplement

I have read the "Responsibility" clause and agree to the terms therein and am returning the signed form along with my registration.

Enclosed is my deposit check for **\$2,000** per person
Final payment is due November 1, 2026

American Express, Visa or MasterCard are accepted for final payment

Check payable to: Mindful Journeys LLC

Return to: Mindful Journeys LLC
Regine Oesch-Aiyer
8 Copper Beech Lane
Great Barrington MA 01230